

## Suggested Entry Time for First-Time Meet Participators

### SHORT COURSE(SCY)

Gilsrs				Short Course Yard	Boys			
8 & Un	9-10	11-12	13 & Up	Events	8 & Un	9-10	11-12	13 & Up
25.59				25 Y Free	25.55			
59.59	49.59	39.09	32.59	50 Y Free	59.55	49.09	38.09	29.89
2:15.59	1:51.59	1:28.09	1:10.59	100 Y Free	2:15.55	1:51.09	1:26.09	1:05.59
	3:45.59	3:18.09	2:32.09	200 Y Free		3:45.09	3:17.09	2:22.99
	Approval	Approval	6:47.79	500 Y Free		Approval	Approval	6:26.59
		Approval	Approval	1000 Y Free			Approval	Approval
		Approval	Approval	1650 Y Free			Approval	Approval
30.59				25 Y Back	30.59			
1:10.59	1:00.89	42.99		50 Y Back	1:10.59	59.89	41.99	
	2:12.89	1:38.99	1:16.69	100 Y Back		2:10.89	1:36.99	1:11.49
		3:30.99	2:46.79	200 Y Back			3:28.99	2:36.29
35.59				25 Y Breast	35.59			
1:20.59	1:05.89	46.99		50 Y Breast	1:20.59	1:04.89	44.99	
	2:22.89	1:45.99	1:27.99	100 Y Breast		2:21.89	1:40.99	1:21.29
		4:00.99	3:10.89	200 Y Breast			3:50.99	2:56.59
30.59				25 Y Fly	30.59			
1:10.59	1:00.59	41.99		50 Y Fly	1:10.59	1:00.09	40.99	
	2:12.59	1:36.99	1:16.39	100 Y Fly		2:12.09	1:34.99	1:11.19
		3:28.99	2:48.99	200 Y Fly			3:26.99	2:38.19
2:35.59	2:12.89	1:38.09		100 Y IM	2:35.59	2:10.89	1:36.09	
	4:00.89	3:30.09	2:49.79	200 Y IM		4:00.09	3:24.09	2:39.99
		Approval	6:03.59	400 Y IM			Approval	5:41.49

### LONG COURSE(LCM)

Gilsrs				Long Course Meter	Boys			
8 & Un	9-10	11-12	13 & Up	Events	8 & Un	9-10	11-12	13 & Up
1:10.49	1:00.59	47.09	40.59	50 M Free	1:10.49	57.09	46.09	37.89
2:45.59	2:07.59	1:46.09	1:28.59	100 M Free	2:45.59	2:07.09	1:44.09	1:23.59
	4:15.59	3:48.09	3:02.09	200 M Free		4:15.09	3:47.09	2:52.99
	Approval	Approval	Approval	400 M Free		Approval	Approval	Approval
		Approval	Approval	800 M Free			Approval	Approval
		Approval	Approval	1500 M Free			Approval	Approval
1:18.59	1:08.89	50.99		50 M Back	1:18.59	1:07.89	49.99	
	2:40.89	1:56.99	1:34.69	100 M Back		2:28.89	1:52.99	1:27.49
		4:00.99	3:16.79	200 M Back			3:58.99	3:06.29
1:28.59	1:13.89	54.99		50 M Breast	1:28.59	1:12.89	52.99	
	2:38.89	2:01.99	1:43.99	100 M Breast		2:37.89	1:56.99	1:37.29
		4:30.99	3:40.89	200 M Breast			4:20.99	3:26.59
1:18.59	1:08.59	49.99		50 M Fly	1:26.59	1:08.09	48.99	
	2:28.59	1:52.99	1:32.39	100 M Fly		2:28.09	1:50.99	1:27.19
		Approval	Approval	200 M Fly			Approval	Approval
	4:16.89	3:46.09	3:25.79	200 M IM		4:16.09	3:40.09	3:05.99
		Approval	Approval	400 M IM			Approval	Approval

1:00.99 Suggested Entry Time if you don't have any recorded time of this event

Event is not applicable for this age group

Approval

 Event that only enter upon the group coach's approval ONLY